



ALL IN



2023 Quality Summit
May 9-10

The Campbell House
Lexington, KY

Presented by
HTS
your partner
in therapy™

Supported Providers = Better Outcomes

You deserve a therapy partner that is invested in your future.

We at HTS are helping our clients navigate some of the largest challenges from staffing and CMI to census. We are a trusted therapy partner that works diligently to deliver strong rehabilitation programs that bring solutions for financial, clinical and organizational success.

Our Partners are Supported with Solutions for:

- Provider-First Pricing
- PDPM
- Managed Care Expertise
- CMI
- Part B Programming
- Census Growth
- Campus & Community Wellness

15K+
LIVES TOUCHED



BY 900+
THERAPISTS &
THERAPY ASSISTANTS



38% HIGHER than national peers
Mobility Outcomes



20% HIGHER than national peers
Self-care Outcomes

HTS Clients
made an average of

\$54
per day

More on PDPM Claims
compared to non-HTS clients

100%

Success Rate with RAC Denials
(Additional Documentation Requests)

**Imagine what you can achieve when therapy is supporting you at all levels.
Achieve More with HTS.**

Contact:
Amanda Green



317-523-7358
amanda@htstherapy.com



Healthcare Therapy Services, Inc. | www.htstherapy.com



2023 Quality Summit May 9-10

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Agenda-at-a-Glance

Tuesday, May 9

9:00 am – 11:30 am

KAHCF Board of Directors Meeting

10:00 am – 5:00 pm

Quality Summit & Pre-Conference Registration

10:00 am – 12 pm

Pre-Conference Training

12:00 pm – 1:00 pm

Director of Nursing Luncheon

1:00 pm – 2:30 pm

Opening Kick Off and General Session

2:30 pm – 3:00 pm

Food and Beverage Break with Exhibitors

3:00 pm – 4:30 pm

Education Sessions

4:30 pm – 6:00 pm

Networking Reception with Platinum Members

Wednesday, May 10

8:00 am – 9:00 am

Continental Breakfast

9:00 am – 10:45 am

Membership Meeting and Board Elections

11:00 am – 12:00 pm

Education Sessions

12:00 pm – 2:30 pm

Appreciation Luncheon & Closing Session

2023 Quality Summit

KAHCF is excited to gather our members and guests to the Campbell House in Lexington, Kentucky this May! The KAHCF Quality Summit brings together long-term care professionals, vendors, and speakers to engage in relationship building opportunities and professional development. Summit attendees will learn how to navigate the ever-changing landscape of senior care with up-to-date educational offerings focusing on survey, leadership, infection control and workforce to earn valuable CEU credits. You can earn up to seven CEUs during these two days.



Registration Fees and Policies

**Does not include pre-convention*

All registrations includes:

- The opportunity to earn up to 7 CEUs
- DON luncheon (register in advance)
- Networking reception with KAHCF Platinum Members
- Continental Breakfast, Appreciation Luncheon

KAHCF MEMBERS

Early Bird Individual Rate-cut off April 26th

\$200 per person

Individual Rate

\$215 per person

Pre-Convention Session

\$35 per person

NON MEMBERS

Early Bird Individual Rate

\$400 per person

Individual Rate

\$430 per person

Pre-Convention Session

\$70 per person

Save costs by
registering
before April 26!
**Sign up
now!**

Register for the Quality Summit on our website!

1. Visit kahcfkcal.org.
2. Click "Sign in" on the top right corner on the homepage
3. Sign in using your email address and password. If you do not have a password or want to add in a new staff member before registering, email to kbass@kahcf.org (name, title and email)
4. Click Events>Quality Summit
5. Click "Register Myself" and wait for the page to refresh
6. If registering others from your facility, click "Register Someone Else"
7. Enter their contact information if they are not in our database. If they are, simply find their name in the quick search box.

KAHCF CANCELLATION POLICY

Cancellations received seven (7) workdays prior to the seminar date will receive a full refund. Cancellations received inside of seven (7) workdays will receive one-half refund. Participants who do not attend will not receive a refund unless prior written notice is given to the KAHCF office. All cancellations must be made in writing and may be emailed to aporter@kahcf.org. Phone cancellations will not be accepted.

PAYMENT AND COLLECTION POLICY

Members shall pay for conventions or seminars in advance. All registrations must be accompanied by complete payment or a "purchase order." Registrations received without payment will not be processed until above conditions are met. If "purchase order" is used, full payment must be received seven (7) days prior to seminar or convention. Any payment not received prior to the event shall be billed at the non-member rate. All registrations received without payment or "purchase order" will be invoiced at time registration is received. If membership dues or any invoices are 90 days in arrears, registration fee for seminar or convention will be charged at the non-member rate unless payment is made in full seven (7) days prior to seminar or convention.

10:00 AM- 12:00 PM

Pre-Conference Session

Registration fee is \$35.00/ per person

Long Term Care Surveys: Looking Back and Looking Forward

Sponsored by: **Proactive Consulting LTC**



With the end of the PHE, what are the state and national survey result trends that facilities should be aware of? This session will examine 2022 nationwide and state survey outcome trends as well as review the deficiency frequencies thus far in 2023. Attendees will explore the top 10 deficiencies and identify best

practices for how to prevent them.

Presenter: *Shelly Maffia*

*Proactive LTC Consulting
Evansville, IN*

12:00 PM – 1:00 PM

Director of Nursing Networking Luncheon

Sponsored by: **Synchrony Health Services**

Grab lunch and network with fellow Director of Nurses from long term care facilities. This lunch will give you an opportunity to learn and share with your peers. No charge to attend, however we do ask that you register to attend the Director of Nursing luncheon.

1:00 PM - 2:30 PM Kick Off and Opening General Session (#1)

Sponsored by: **HTS**
Retention 911: Hiring,
Inspiring, Engaging, Retaining!

After 4 years of “unprecedented” headaches and heartaches, you’ve earned this experience! This is the Golden Ticket to a Professional Oasis for those who recognize the need for outcome-based approaches leading to measurable retention and require the skillset necessary to re-energize colleagues. The intensity of our times requires new leadership tools to conquer the fear, isolation, and combat fatigue of our team members! Are you confident in your ability to create a departmental culture where everyone feels cherished and re-energized? Are you ready to make this the “Year of Retention” despite historic change and challenge? This session promises 30 ways to kick the “workforce crisis” in the tail!

Presenter: *Christopher Ridenhour*
Founder/Chief Encouragement Officer,
ChristopherMotivate
Philadelphia, PA



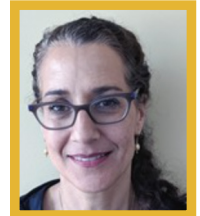
3:00 PM – 4:30 PM

Session 2 – Promoting Staff Well-Being and Resilience Through Challenging Times

There are numerous evidence-based strategies providers can and should implement to support staff wellbeing and reduce risk for secondary traumatic stress. This workshop will help staff, particularly leaders and supervisors, differentiate the threats to staff mental health, recognize signs and symptoms of the most common stress responses, and implement strategies to reduce risk for burnout, compassion fatigue, secondary traumatic stress and moral distress.

Presenter: *Miriam Silman, MSW*

*Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities
Frankfort, KY*

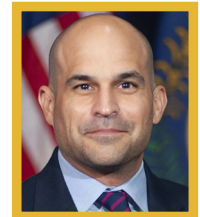


Session 3 – How Kentucky 2023 Legislative Session Impacts You

Adam Mather, Inspector General, will review the Office of Inspector General’s agenda from the 2023 legislative session, including House Bill 391 and Senate Bill 110. These bills will greatly impact Kentucky’s long term care communities. House Bill 391 creates joint state-surveyor and long term care provider training which will lead to greater transparency and enhanced quality care. Adam will also review Senate Bill 110 requirements and assisted living communities regulation amended after comment highlights which will inform assisted living communities and personal care homes of the new changes and requirements for their buildings. There will be a question and answer period available at the conclusion of the presentation.

Presenter: *Adam Mather, Inspector General*

*Office of Inspector General
Cabinet for Health and Family Services
Frankfort, KY*



Session 4 – Preparing for 2023 MDS 3.0 Changes Sponsored by: **Proactive Consulting LTC**

October 1, 2023 will bring forth substantial MDS 3.0 changes that will require training to interdisciplinary teams involved in coding the MDS 3.0 and additionally will require facilities to update their process for data collection to support the MDS prior to implementation. In this session, you will learn what your facility needs to do to prepare for this implementation.

Presenter: *Eleisha Wilkes*

*Proactive LTC Consulting
Evansville, IN*



Education Wednesday

9:00 AM – 10:00 AM

Membership Meeting and Board of Directors Elections Help Determine Association Leadership Sponsored by: **Medcare Pharmacy**

Get your Wednesday off to an exciting start at the KAHCF/KCAL Membership Meeting and Board Elections. Elect your 2023-2024 KAHCF & KCAL Board, reflect on the previous year, and see if you were a lucky winner of a door prize from the vendor reception on Tuesday evening.

11:00 AM – 12:00 PM



Session 5— A Conversation Regarding Sustaining Support for IPC

The importance of infection prevention and control (IPC) in nursing homes and other long-term care settings will remain a major focus in the wake of the COVID-19 pandemic. Recognizing that there are many challenges facing providers, Dr. Nimalie Stone from the CDC would like to discuss ways that public health

programs can work with staff and leaders to support your efforts.

Presenter: Dr. Nimalie Stone

Medical Epidemiologist for Long-term Care, Division of Healthcare Quality Promotion

Centers for Disease Control and Prevention (CDC)



Session 6— Time to Recharge Referral Relationships!

Sponsored by: Concept Rehabilitation

Now more than ever, post-acute care providers need to focus on rebuilding, strengthening, and securing referral relationships. The industry headwinds of the past three years such as COVID staffing, and census have often resulted in hitting pause on the nurturing

of these relationships. Now is the time to refocus efforts to optimize cohesiveness and outcomes of these partnerships.

Presenter: Caryn Enderle

Director of Business Development

Concept Rehab

Columbus, OH



Session 7— Navigating Accurate Psychiatric Diagnoses in a Complex Regulatory Environment

Sponsored by: GuideStar Eldercare

This session will help clarify how to properly differentiate between psychiatric and neuropsychiatric patients. The presentation will cover the key points of obtaining proper social/psychiatric

history and documentation to accurately determine residents' clinical status from an interdisciplinary perspective.

Presenters:

*Dr. Daniel Heiser, PsyD Clinical Psychologist
Sr, Vice President, Behavioral Health*

*Dr. James Shackson
Associate Medical Director
GuideStar Eldercare
Crown Point, IN*



12:15 PM – 2:30 PM

Platinum Appreciation Luncheon

Thank you to our platinum vendor members!
Congratulations to our 2022 Best of Kentucky
Winners!

None Of Us Are as Good as
ALL Of Us!

Sponsored by: INCITE

Being a part of something bigger than you will bring out the best in you. Our long term care community knows that better than anyone. It gets difficult caring for others and your colleagues. Our staff should be proud of giving it their all, no

matter what they are going through personally. Coach Scott Davenport is here to bring us together as a community and remember why we truly do what we do.

Presenter: Coach Scott Davenport

Head Coach, Men's Basketball

Bellarmine University

Louisville, KY



On April 29, 2005, Scott Davenport became the 11th coach in Bellarmine University men's basketball history, and in six years took Bellarmine all the way to the top by leading the Knights to the 2011 NCAA Division II Tournament national championship. For his efforts, he was named national Coach of the Year by two different organizations: the National Association of Basketball Coaches and the Division II Bulletin. Coach Davenport was a former assistant under both Denny Crum and Rick Pitino. Set to enter his 18th season at Bellarmine University, he owns a 395-133 overall record.

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Partner of KAHCF/KCAL**

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KAHCF ♦ **KCAL**

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2023 Quality Summit May 9-10

Meet and Mingle with Overall Sponsors Tuesday, May 9 4:30-6:00 PM

Wind down after Tuesday's sessions with us! Be sure to visit with exhibitors for a chance to win fun prizes. Winners will be announced Wednesday morning at the Membership Meeting. All attendees, overall sponsors, and sponsors are encouraged to attend and enjoy a complimentary beverage.



Help Determine Association Leadership Wednesday, May 10 9:00-10:45 AM

Make your voice heard at the KAHCF Membership Meeting where we elect your 2023-24 KAHCF Board, review the previous year, and draw winners for a door prize from the Meet and Mingle. Be sure to register your facility's delegate representative (one per facility however, others can attend the membership meeting).



The Campbell House Hotel
1375 S Broadway
Lexington, Kentucky 40504
(855) 255-4281

April 25:
Reservation
deadline
*Sign up
now!*

The Campbell House recently finished a \$30 million renovation of their hotel and restaurants. The Rackhouse Tavern, an official partner of the Kentucky Bourbon Trail, has over 300 bourbons to offer. You will have the quintessential Kentucky experience during your time at our Quality Summit!

Hotel room rates:
\$129 -Single, double,
Hotel deadline to make reservations-April 25
How to make your hotel reservations:

**Click here to make hotel
reservation**

*All participants are required
to make their reservations
at Campbell House hotel
within the KAHCF block of
rooms by using the link below:
Reservations made at other
hotels or through discounted
online services damages the
ability of the KAHCF to meet its contractual obligations with the Campbell House Hotel.*



Each individual guest can make their own reservation by calling or going online.



KAHCF ♦ **KCAL**

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Limited registrations available
Sign up now!

*Thank you to our Platinum Member Partners
Overall Sponsors*

